

Swimming Policy

Cloonakilla National School has regard to both the physical and mental development of each of its pupils. Believing that a healthy body promotes a healthy mind, the school arranges for a term course of swimming instruction in the Athlone Regional Sports Centre swimming pool for any student who wishes to avail of this opportunity. The course consists of one or two blocks of six week lessons. Each block can be paid for separately.

Attendance at this course fulfils the Aquatics Module of the PE Curriculum as laid down by the Department of Education and parents defray the cost of the course and also that of the transport to and from the pool.

Pupils attending the course at any given time will be from a combination of classes from 1st class to 4th class. The class may vary from year to year.

All children attending the course should wear their school tracksuit. (Swimming togs may be worn under the tracksuits coming to school). Each child must have a suitable bag to carry his/her swimming gear (sports bag or similar with secure zip or other fastening).

All items brought to the pool must be clearly labelled with the child's name. This includes the bag, tracksuit, socks, underwear and shoes.

Each child must have their own togs (without pockets), towel, hair brush and swim cap, all of which must be marked.

When children arrive at the pool by bus they must walk in orderly line to the side door nearest the set down/pick up area. After entering the building all pupils must wait in the spectators' area under the supervision of the school staff until it is time to enter the changing rooms.

While in the pool, pupils must endeavour to obey the Instructor's orders at all time and comply with the School Code of Conduct/Discipline.

Teachers should remain on the viewing deck during the lesson in order to supervise the overall group and pupils who may need to use the toilets during the lesson.

The permission from parents to the school to allow the child(ren) go swimming is covered in a separate Consent Form appertaining to swimming only.

When leaving the changing rooms after the swimming class, pupils must line up in the corridor at the Exit to the pick up area under the supervision of the school staff. Teachers must check dressing rooms to ensure all rooms are vacated prior to boarding the bus. Parents are permitted to accompany their children in changing rooms. All parents are informed by letter prior to commencement of lessons, that it is not good practice to assist with the dressing of other children.

No food is allowed in the dressing rooms or on the bus under any circumstances.

Implementation and Review

This policy was ratified and implemented in 2009, was reviewed in June 2014, 2017, May 2024 and will be reviewed again in 2027.

Signed: _____

**Principal
Cloonakilla N.S.**

Date: _____

Signed: _____

**Chairman
Board of Management
Cloonakilla N.S.**

Date: _____